### SEARHC

Southeast Alaska Regional Health Consortium

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TeleBehavioral Health Program

June 2012

### Mental Health Outpatient Services

- Mental Health Screening/Assessment/Diagnosis
- Psychiatric consultation
- Psychotropic Medication Management
- Psychotherapy And Behavioral Interventions
- Psychiatric Case Management
- Occupational Therapy
- Crisis Intervention
- Naltrexone Clinic
- Neuro-developmental Assessment Clinic
- Consultation w/SEARHC providers
- Referral
- Professional Trainings

TeleBehavioral Health Program was created by HRSA 330 Mental Health Expansion Grant to increase Behavioral Health Services in the Villages of Southeast Alaska.

**SKAGWAY\* KLUKWAN HAINES** JUNEAU HOONAH **ANGOON SITKA KAKE PETERSBURG KLAWOCK HYDABURG** 1 inch = 60 miles



## Telebehavioral Health Program

#### ► Goal 1:

- ► Increase access to Behavioral Health Services
- ► Increase HRSA Community Expertise
- ► Empower Local Providers
- **▶** Decrease Costs

### Goal 2: Empower Community Providers

- ▶ Clinical Supervision/Consultation
- ► Grand Rounds
- ► Case Conference & Peer Review
- ► Monthly Seminars & Other Trainings
- Special programming

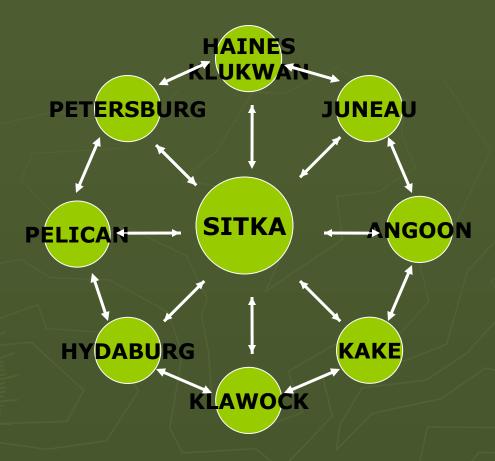
# Providing Specialty Service to HRSA Communities

- Psychiatric services
- ► Mental Health and Substance Abuse consultation
- Prevention services
- Counseling

# TeleBehavioral Health Benefits to patients in villages

- ► Increased access to services
- Expanded services in home town
- family/home life maintained
- ► Increase access to local social support
- ► No unnecessary work absences
- ► Reduced travel risks

# A VIRTUAL COMMUNITY MENTAL HEALTH COLLABORATIVE!



#### "DECENTRALIZED & DISTRIBUTED"

SEARHC Telebehavioral Health

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